

Cold Breakfast

Yoghurt: Natural, Low Fat, Goats', Coconut.....	4.50
<i>with a mixed berry compote</i>	7.25
Prune, Orange & Ginger Compote.....	4.75
Muesli.....	6.00
Pink Grapefruit..... <i>natural</i> 5.75 <i>caramelised</i>	6.75
Birchermuesli.....	6.25
Granola..... 6.00 <i>with banana</i>	6.75
Fresh Fruit Salad.....	9.25
Mashed Avocado <i>on</i> Granary Toast.....	9.25
Spiced Avocado <i>and</i> Smoked Salmon.....	17.50

Viennoiserie

all made on the premises

Croissant <i>au</i> Beurre 4.25	3.25	Blueberry & Oat Muffin
Pain <i>au</i> Chocolat 4.75	4.75	Croissant <i>aux</i> Amandes
Pain <i>aux</i> Raisins 4.75	4.50	Strawberry Jam Doughnut
Beaumont Breakfast Scones <i>with</i> whipped butter and preserves 5.00		

Smoothies

Avocado, Banana, Apple & Vanilla 6.75	Spinach, Banana & Almond Milk 6.75
Blueberry, Spirulina & Almond Milk 7.25	

Buttermilk Pancakes

Maple Syrup 10.75	Maple Syrup <i>and</i> Cured Bacon 12.25	Mixed Berries 14.25
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Hot Breakfast

Porridge.....	6.25
Crispy Bacon Roll.....	8.00
<i>with</i> fried egg.....	10.25
Cumberland Sausage Sandwich.....	8.00
<i>with</i> fried egg.....	10.25
Sweetcorn Fritter <i>with</i> Avocado <i>and</i> a Fried Egg.....	10.75
Smoked Haddock Kedgeree.....	16.00

Eggs

Poached, Fried <i>or</i> Scrambled Eggs	6.00
2 Boiled Eggs <i>with</i> Soldiers	7.50
Omelettes <i>from</i>	10.75
Benedict <i>small</i> 9.25 <i>large</i> 18.00	Florentine <i>small</i> 10.25 <i>large</i> 20.00
Arlington <i>small</i> 11.25 <i>large</i> 22.00	Smoked Salmon, Scrambled Eggs 17.50

The English 21.75

choice of Fried, Poached *or* Scrambled Eggs *with* Bacon,
Sausage, Tomato, Black Pudding *and* Mushroom
Toast: *baguette, white bloomer, wholemeal bloomer, san francisco sourdough,*
gluten free: white and seeded 2.50

Duck Egg Hashes

Portobello Mushroom & Spinach Hash 13.75	Black Pudding Hash 14.00
Corned Beef Hash 16.00	Smoked Haddock Hash 16.75

Please inform your server if you have any allergies we need to be aware of