

Cold Breakfast

Yoghurt: Natural, Low Fat, Goats', Coconut.....	4.50
<i>with a mixed berry compote</i>	7.25
Prune, Lemon & Elderflower Compote.....	4.75
Muesli.....	6.00
Pink Grapefruit..... <i>natural</i>	5.75
<i>caramelised</i>	6.75
Birchermuesli.....	6.25
Quinoa Bircher.....	7.50
Granola.....	6.00
<i>with banana</i>	6.75
Fresh Fruit Salad.....	9.25
Mashed Avocado <i>on</i> Granary Toast.....	9.25
Spiced Avocado <i>and</i> Smoked Salmon.....	17.50

Viennoiserie

all made on the premises

Croissant <i>au</i> Beurre	4.25	3.25	Blueberry & Oat Muffin
Pain <i>au</i> Chocolat	4.75	4.75	Croissant <i>aux</i> Amandes
Pain <i>aux</i> Raisins	4.75	4.50	Strawberry Jam Doughnut
Beaumont Breakfast Scones <i>with whipped butter and preserves</i>	5.00		

Smoothies

Avocado, Banana, Apple & Vanilla	6.75	Spinach, Banana & Almond Milk	6.75
Blueberry, Spirulina & Almond Milk	7.25		

Buttermilk Pancakes

Maple Syrup	10.75	Maple Syrup <i>and</i> Cured Bacon	12.25	Mixed Berries	14.25
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Hot Breakfast

Porridge.....	6.25
Crispy Bacon Roll.....	8.00
<i>with fried egg</i>	10.25
Cumberland Sausage Sandwich.....	8.00
<i>with fried egg</i>	10.25
Sweetcorn Fritter <i>with Avocado and a Fried Egg</i>	10.75
Kedgerree.....	16.00

Eggs

Poached, Fried <i>or</i> Scrambled Eggs	6.00
2 Boiled Eggs <i>with Soldiers</i>	7.50
Omelettes <i>from</i>	10.75
Benedict <i>small</i>	9.25
<i>large</i>	18.00
Florentine <i>small</i>	10.25
<i>large</i>	20.00
Arlington <i>small</i>	11.25
<i>large</i>	22.00
Smoked Salmon, Scrambled Eggs	17.50

The English 21.75

*choice of Fried, Poached or Scrambled Eggs with Bacon,
Sausage, Tomato, Black Pudding and Mushroom*
Toast: *baguette, white bloomer, wholemeal bloomer, san francisco sourdough,
gluten free: white and seeded 2.50*

Duck Egg Hashes

Portobello Mushroom & Spinach Hash	13.75	Black Pudding Hash	14.00
Corned Beef Hash	16.00	Smoked Haddock Hash	16.75

Please inform your server if you have any allergies we need to be aware of

Juices

Juice *of the Day* English Apple Grapefruit
Orange Carrot & Ginger Golden Pineapple
The Colony's Green Juice

all juices small 4.25 large 5.25

The Beaumont Continental Breakfast 24.50

Fresh Fruit Salad, Choice *of* Viennoiserie,
Toast *with* Homemade Preserves, Coffee *or*
Wolseley Selection Tea *and* a Freshly Squeezed Juice

The Beaumont Full English Breakfast 32.00

The 'English', Choice *of* Viennoiserie,
Toast *with* Homemade Preserves, Coffee *or*
Wolseley Selection Tea *and* a Freshly Squeezed Juice

*Prices include VAT ~ A discretionary 12½% Service Charge will be added to your bill
All gratuities are managed by the staff ~ No intrusive or flash Photography ~ No Cheques
www.thebeaumont.com*

THE COLONY